

INTERVAL SESSIONS - 600M REPS - (U11A & B/U13B 300M REPS ONLY)

NAME											
	AVERAGE		FASTEST		SLOWEST		OV		OV	MIN/MILE PACE	
	REP		REP		REP		TIME		DIST		
	MIN	SECS	MIN	SECS	MIN	SECS	MIN	SECS		MIN	SECS
7th April 2026											
1 Cecelia Shepherd (U11A -2 Reps) -58% - M											
1 Holly Brown (U11B -2 Reps) -42% - T											
1 Grace Edgar (U11A -2 Reps) -58% - M	1	10	1	7	1	13	4	37	1200	6	12
1 Chiara Loi (U11B -2 Reps) -42% - T											
1 Mini Twiston-Davies* (U11A -2 Reps) -25% - T											
2 Rokas Batty (U11A -2 Reps) -25% - T											
2 Harley Batty (U11B -2 Reps) -25% - T											
2 Jacob Bell (U11A -2 Reps) -75% - M											
2 Frederick Ng* (U11B -2 Reps) -50% - M	1	25	1	24	1	27	4	15	900	7	36
2 Thomas Parry (U11B -2 Reps) -42% - M											
2 Harrison Green* (U11B -2 Reps) -92% - M											
2 Theo Hudson (U11A -2 Reps) -58% - T											
2 Jacob Walters (U11B -2 Reps) -25% - M											
2 Louie Salleh-Swales* (U11B -2 Reps) -33% - T											
2 Harrison Cooper (U11A -2 Reps) -58% - M											
2 Noah Bartlett (U11B -2 Reps) -33% - T	1	20	1	16	1	27	4	0	900	7	10
2 Leo Kelly (U11A -2 Reps) -67% - T											
2 Zachariah Shepherd (U11A -2 Reps) -58% - M											
2 Ted Twiston-Davies (U11A -2 Reps) -67% - T											
2 Iwan Brogan* (U11B -2 Reps) -33% - t											
3 Eilidh Gillies (U13A -3 Reps) -58% - M	2	40	2	40	2	40	2	40	600	7	10
3 Rosie Twiston-Davies (U13A -3 Reps) -58% - T											
4 Jack Arnell (U13B -3 Reps) -0% - T	1	18	1	14	1	27	5	12	1200	6	59
4 James Bartlett (U13B -3 Reps) -33% - T	1	20	1	10	1	27	5	17	1200	7	6
4 William Bell (U13A -3 Reps) -75% - M											
4 Joshua Thomas (U13A -3 Reps) -33% - M	2	14	2	10	2	17	6	40	1800	5	58
4 Archie Brown (U13B -3 Reps) -42% - T											
5 Hannah Roddick (U15A -4 Reps) -67% - M	2	20	2	18	2	24	11	37	3000	6	14

