

**INTERVAL SESSIONS - 600M REPS - (U11A & B/U13B 300M REPS ONLY)**

**7th April 2026**

NAME	1		1		3		4		5		6		7		8	
	1000/500		1000/500		1000/500		1000/500		1000/500		1000/500		1000/500		1000/500	
1 Cecelia Shepherd (U11A -2 Reps ) -58% - M																
1 Holly Brown (U11B -2 Reps ) -42% - T																
1 Grace Edgar (U11A -2 Reps ) -58% - M	1	13	1	7	1	9	1	8								
1 Chiara Loi (U11B -2 Reps ) -42% - T																
1 Mini Twiston-Davies* (U11A -2 Reps ) -25% - T																
2 Rokas Batty (U11A -2 Reps ) -25% - T																
2 Harley Batty (U11B -2 Reps ) -25% - T																
2 Jacob Bell (U11A -2 Reps ) -75% - M																
2 Frederick Ng* (U11B -2 Reps ) -50% - M	1	24	1	24	1	27										
2 Thomas Parry (U11B -2 Reps ) -42% - M																
2 Harrison Green* (U11B -2 Reps ) -92% - M																
2 Theo Hudson (U11A -2 Reps ) -58% - T																
2 Jacob Walters (U11B -2 Reps ) -25% - M																
2 Louie Salleh-Swales* (U11B -2 Reps ) -33% - T																
2 Harrison Cooper (U11A -2 Reps ) -58% - M																
2 Noah Bartlett (U11B -2 Reps ) -33% - T	1	27	1	16	1	17										
2 Leo Kelly (U11A -2 Reps ) -67% - T																
2 Zachariah Shepherd (U11A -2 Reps ) -58% - M																
2 Ted Twiston-Davies (U11A -2 Reps ) -67% - T																
2 Iwan Brogan* (U11B -2 Reps ) -33% - t																
3 Eilidh Gillies (U13A -3 Reps ) -58% - M	2	40														
3 Rosie Twiston-Davies (U13A -3 Reps ) -58% - T																
4 Jack Arnell (U13B -3 Reps ) -0% - T	1	27	1	14	1	17	1	14								
4 James Bartlett (U13B -3 Reps ) -33% - T	1	27	1	10	1	20	1	20								
4 William Bell (U13A -3 Reps ) -75% - M																
4 Joshua Thomas (U13A -3 Reps ) -33% - M	2	10	2	13	2	17										
4 Archie Brown (U13B -3 Reps ) -42% - T																
5 Hannah Roddick (U15A -4 Reps ) -67% - M	2	18	2	19	2	18	2	24	2	18						
6 Jake Rowlands (U15A -4 Reps ) -58% - M	2	1	2	3	2	2	2	3	2	1						
6 Edward Hare (U15A -4 Reps ) -58% - M																
6 Hamish Lowe (U15A -4 Reps ) -75% - M	2	2	2	1	2	2	2	1	1	57						









