

WINTER XC 2024/25 - 900M REPS - 8 to 9 Mins

NAME	AGE											
		AVERAGE		FASTEST		SLOWEST		OV		OV	MIN/MILE PACE	
		REP		REP		REP		TIME		DIST		
		MIN	SECS	MIN	SECS	MIN	SECS	MIN	SECS		MIN	SECS
25/03/2025		Mild, good conditions dark										
Paige Ferreira	U11B	6	24	5	53	6	55	12	48	1800	11	27
Darcie Bloomfield	U11B	6	28	6	1	6	55	12	56	1800	11	34
Cecelia Shepherd	U11A	5	4	4	48	5	20	10	8	1800	9	4
Rosanna Bull	U11A	4	21	4	1	4	43	13	3	2700	7	47
Molly Clarke	U11A	4	15	4	12	4	17	12	43	2700	7	35
Zachariah Shepherd	U11B	5	27	5	0	5	54	10	54	1800	9	45
Matty Bull	U11A	3	55	3	48	3	58	11	43	2700	7	0
Alec Hallam	U15A	4	18	4	10	4	21	21	29	4500	7	41
Angus Graham	U15A	4	6	3	45	4	21	20	30	4500	7	20
Edward Hare	U15A	3	26	3	21	3	35	17	6	4500	6	7
Freddy Sansom	U19A	4	5	3	55	4	12	20	25	4500	7	19
25/02/2025		Cold.. Light wind.										
Rosanna Bull	U11A	4	22	4	22	4	22	8	44	1800	7	49
Paige Ferreira	U11A	7	2	6	45	7	18	14	3	1800	12	34
Raphy Tyler-Pinkarchevski	U11A	7	2	6	45	7	18	14	3	1800	12	34
Jacob Bell	U11A	6	13	6	4	6	22	12	26	1800	11	7
William Bell	U11A	3	37	3	31	3	44	14	28	3600	6	29
Matty Bull	U11A	4	5	4	2	4	8	8	10	1800	7	19
Benjie Wilkinson	U11A	4	4	4	1	4	6	8	7	1800	7	16
Joshua Thomas	U13A	3	55	3	47	4	0	15	38	3600	7	0
Will Harvey	U13A	3	50	3	30	4	12	15	18	3600	6	51
Edward Hare	U15A	3	24	3	16	3	40	20	24	5400	6	5
Noah Alyn-Jones	U15A	4	8	3	57	4	21	24	45	5400	7	23
Ollie Robertson	U15A	4	8	4	0	4	21	24	48	5400	7	24
Angus Graham	U15A	3	50	3	42	4	9	22	58	5400	6	51
Alec Hallam	U15A	4	17	4	14	4	19	25	37	5400	7	39
Chris	AD	4	25	4	20	4	30	17	39	3600	7	54
Nick	AD	4	25	4	20	4	30	17	39	3600	7	54
28/01/2025		Cold.. Light wind. Quite slippy in parts.										
Eilidh Gillies	U11A	5	16	5	15	5	16	10	31	1800	9	25
Hannah Roddick	U15B	4	8	3	56	4	22	24	46	5400	7	23
Ollie Robertson	U15A	3	38	3	27	3	47	21	46	5400	6	30
Angus Graham	U15A	3	35	3	31	3	39	21	29	5400	6	25

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		REP		REP		REP		TIME		DIST		
		MIN	SECS	MIN	SECS	MIN	SECS	MIN	SECS		MIN	SECS
Alec Hallam	U15A	4	27	4	12	4	37	26	42	5400	7	58
14/01/2025		Dry. 10C. Light wind. Quite slippery in parts.										
William Bell	U11A	3	45	3	43	3	47	14	59	3600	6	42
Grace Kay	U13A	4	39	4	33	4	52	18	35	3600	8	19
Joshua Thomas	U13A	3	55	3	51	4	0	15	39	3600	7	0
Noah Alyn-Jones	U15A	4	6	3	57	4	12	20	29	4500	7	20
Angus Graham	U15A	3	37	3	34	3	39	18	5	4500	6	29
Alec Hallam	U15A	4	32	4	13	4	42	22	40	4500	8	7
Liam Kay	U15A	3	20	3	16	3	23	16	39	4500	5	58
Freddy Sansom	U19A	4	11	4	3	4	18	20	52	4500	7	28
Chris	AD	4	19	4	10	4	25	17	15	3600	7	43

PLEASE NOTE - Min/Mile pace on this sheet is calculated using overall distance and time on this sheet. On the main Results page which also shows attendance, pace is based on the Average Rep time only. Therefore there may be a slight difference on the Min/Mile Pace on these separate sheets.