REPS (x2) - ALL GIRLS WINTER (Oct to Dec) 2024

Member	Name (Attendance)	Age Gp	Personal Best		15th Oct 2024				19th Oct 2024				26th November 2024				3rd Dec 2024				10th Dec 2024				17th Dec 2024															
			MIN/MILE PACE		Av Lap Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile	
			Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs
				0																																				
M	Rosanna Bull (67%)	U11A	0	0	2	38	7	3									2	45	7	22						DNF														
T	Eilidh Gillies (53%)	U11A			2	57	7	54					3	6	8	18	3	13	8	37	3	15	8	43																
T	Mia Hardeman (13%)	U11A												DNF								DNF																		
M	Pippa Krzywiec (20%)	U13A	0	0																																				
M	Grace Kay (73%)	U13A	0	0		DNF			2	45	7	22	2	41	7	11					2	41	7	11		DNF														
M	Chloe Krzywiec (7%)	U15B																																						
M	Hannah Roddick (53%)	U15A	0	0		DNF								DNF								DNF																		
AD	Lisa (7%)	U11A																																						

U11B (600m Approx) U11A & U13B (600m Approx) U13A & U15B & U17C (600m Approx) U15A & U17/19B (600m Approx) U17/19A (600m Approx) enterinfo! DNF = Started but did not finish OR did not complete the correct number of laps. R after Date = Ran Course in Reverse direction.

REPS (x2) - ALLBOYS WINTER (Oct to Dec) 2024

Member	Name (Attendance)	Age Gp	Personal Best		15th Oct 2024				19th Oct 2024				26th November 2024				3rd Dec 2024				10th Dec 2024				17th Dec 2024															
			MIN/MILE PACE		Av Lap Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile	
			Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs
M	William Bell (7%)	U11A	0	0																																				
M	Matty Bull (60%)	U11A			2	31	6	45																	2	32	6	47												
M	Sebastian Lowe (0%)	U13A	0	0																																				
M	Joshua Thomas (53%)	U13A											2	29	6	39									2	29	6	39												
M	Will Harvey (27%)	U13A	0	0		DNF																																		
M	Jake Rowlands (40%)	U13A				DNF																																		
T	Jack Wright (47%)	U13A											2	36	6	58	2	29	6	39	2	22	6	20	2	23	6	23												
M	Edward Hare (60%)	U15A	0	0													2	6	5	37	2	6	5	37																
M	Noah Alyn-Jones (67%)	U15A	0	0	2	29	6	39	2	35	6	55		DNF								DNF			2	36	6	58												
M	Thomas Harvey (7%)	U15A	0	0		DNF																																		
M	Ollie Robertson (47%)	U15A	0	0										DNF								DNF			2	34	6	53												
M	Liam Kay (67%)	U15A	0	0		DNF								DNF								DNF			2	25	6	28												
T	Joe Shaylor (27%)	U15A	0	0		DNF																																		
M	Angus Graham (80%)	U15A				DNF			2	19	6	12	2	17	6	7	2	17	6	7	2	17	6	7	2	18	6	10												
M	Alec Hallam (67%)	U15A							2	42	7	14					2	42	7	14	2	44	7	19	2	43	7	17												
M	Freddy Sansom (73%)	U19A	0	0	2	27	6	34	2	29	6	39	2	27	6	34					2	23	6	23																
AD	Chris (13%)	U15A																																						

U11B (600m Approx) U11A & U13B (600m Approx) U13A & U15B & U17C (600m Approx) U15A & U17/19B (600m Approx) U17/19A (600m Approx) enterinfo! DNF = Started but did not finish OR did not complete the correct number of laps. R after Date = Ran Course in Reverse direction.