REPS (x2) - ALL GIRLS SUMMER XC (July to Sept) 2024

Member	Name (Attendance)	Age Gp	Personal Best		14th May 2024				20th August 2024				27th August 2024																											
			MIN/MILE PACE		Av Lap Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile	
			Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs
T	Lottie Riley (33%)	U11A											3	47	7	36																								
M	Rosanna Bull (33%)	U11A			3	35	7	12																																
M	Grace Kay (100%)	U13A			3	39	7	20	3	36	7	14	3	36	7	14																								
M	Hannah Roddick (33%)	U15A							3	27	6	56																												

U11B (800m Approx) U11A & U13B (800m Approx) U13A & U15B & U17C (800m Approx) U15A & U17/19B (800m Approx) U17/19A (800m Approx) enterinfo! DNF = Started but did not finish OR did not complete the correct number of laps. R after Date = Ran Course in Reverse direction.

REPS (x2) - ALLBOYS SUMMER XC (July to Sept) 2024

Member	Name (Attendance)	Age Gp	Personal Best		14th May 2024				20th August 2024				27th August 2024																											
			MIN/MILE PACE		Av Lap Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile		Av Rep Time		Min/Mile	
			Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs	Mins	Secs
M	William Bell (33%)	U11A			3	8	6	18																																
M	Sebastian Lowe (0%)	U13A																																						
M	Joshua Thomas (0%)	U13A																																						
M	Will Harvey (0%)	U13A																																						
T	Jake Rowlands (100%)	U13A			3	12	6	26	3	10	6	22	3	7	6	16																								
M	Edward Hare (67%)	U15A							2	54	5	50	2	53	5	48																								
M	Noah Alyn-Jones (33%)	U15A							3	21	6	44																												
M	Thomas Harvey (0%)	U15A																																						
M	Ollie Robertson (0%)	U15A																																						
M	Liam Kay (67%)	U15A			2	47	5	35	2	44	5	29																												
M	Freddy Sansom (0%)	U19A																																						

U11B (800m Approx) U11A & U13B (800m Approx) U13A & U15B & U17C (800m Approx) U15A & U17/19B (800m Approx) U17/19A (800m Approx) enterinfo! DNF = Started but did not finish OR did not complete the correct number of laps. R after Date = Ran Course in Reverse direction.