

The Finish Line



Bourton Roadrunners

CHRISTMAS 2011

Merry Christmas
Everyone!



Santa Run event gets plenty of press coverage!



Festive season's off and running

Below: The team in full regalia - even Choco dressed up!



13 Bourton members took part in the Canine Partners 5k (ish) Santa run in Bathurst Park on December 13th, where Shona took first place (after helping the third placed wheelchair entrant up the hill!). That evening we wore what was left of our tattered Santa suits to Saffrons for a good night out and a curry. We were all front cover in the Standard and Shona and Claire made centre spread in the Echo!

Can you identify the secret Santas? See page 3



Tinsel Run
Tuesday December 20th
Meet at the Football Club at 7pm
Photo at Christmas Tree
Bring nibbles for afterwards
Fancy dress prizes
Cup Presentations
2 London Marathon tickets to be drawn
(rejects only to apply)



Shona and Graham enjoy the mulled wine and mince pies

Later, at the indian, Steve Hudson wins the 'who has the pointiest hat' competition easily!
We'll never guess what's under there Steve!



A message from Pauline Teague

Thank you to Bourton Roadrunners:

I have been a member for 20 years and this is just a little reminder of why Bourton Roadrunners is a good club. I am not one for putting pen to paper (or should I say finger to keyboard?) but I feel I should share with you all how good I feel to be back running on a more regular basis with the club, irrespective of venue.

Just recently I have been running the short run on a Tuesday as an effort run, getting a bit more distance by doing the first part of the long run. Thursdays have been more challenging with Rachel and I attempting to do this run as fast as possible, which is such an adrenaline rush it reminds me why I enjoy running so much - it's not all about PB'S although when you get one it's bloody fantastic (even though I am very unlikely to get another)... it's more about pushing ourselves out of our comfort zone and the feelings that come with that - such a sense of achievement.

So thank you fellow runners for keeping this old jogging housewife going! Of course my final word must go to my most loyal running buddy Lynn, who has seen me at my best and worst - more worst than best - but always supportive in a way only Lynn can... Cheers mate..

Ewen's Race Reports

29th November

Steve Edwards continues his marathon story with yet another fine run at the Cornish Marathon. A particularly tough course over the Bodmin Moors saw Steve finish with his best time for this race in 3hr 15min 17.

High flying Susan Hunt had her 3rd PB in 3 weeks by finishing the Shakespeare half marathon in 1hr 49 min 49sec, smashing her previous best by 3 minutes.

Our youngsters did us proud at the Schools district county trials held in Cheltenham. Rosie Mutsaars 2nd, Conor Shoemark 3rd, Kieran Shoemark 5th, Tom Pinkham 8th and Eva Shoemark 11th all made the next round in their age groups.

There was also a great effort from Sophie Gleghorn 13th, Josh Gray 34th, Lottie Hartley 60th and Harriet Lees 61st.

December 13th

At the 3rd of the 4 event cross country series in Cheltenham at Pitville Park, Bourton juniors once again put in some fine performances.

The under 11 girls had a excellent day as 3rd team with a superb run from Felicity Darwent for 3rd place. She was well supported by her team mates Lucy Griffin 6th, Beth Boydell 22nd, Isobel Hartley 35th, Isobel Kiey-Thomas 39th and Emily Williams 43rd.

The under 11 boys were strong for 8th team with another storming run from Dylan Williams in 5th at only 8 years old. Also running well were Max Pinkham 21st and Marcus Kiey-Thomas 54th.

Our under 13 boys did not dissapoint with 5th team. Tom Pinkham was flying for a top 10 in 9th and strong running from Tom Pudifoot 19th, Josh Grey 32nd and Alex Darwent 46th.

Under 13 girls Rosie Mutsaars - 5th and Eva Shoemark - 22nd, should be proud of their performances. Ever improving Lottie Hartley was pleased with her 14th place in the under 15 girls.

Our senior ladies performed particularly well finishing 7th out of 24 teams with our University star Steph Lane working her way back to finish with a well deserved top 10 place. Beth Wynn continues to show her strength in 14th. Our other ladies gave their all to support the team with Ali Lane 55th, Pauline Teague 70th and Lynn Spedding 83rd.

Our men were led home by Dennis Walmsley with a strong run in 11th place and 1st vet. Keeping themselves fit and strong through the winter were Tony Goodwill 92nd, Andy McCoombes 148th and David Pyne 174th.

Eynsham 10K

3rd Vet 40 for Dennis, 1st Vet 55 for Liz

With a long hard season behind them many of the Bourton runners are taking a well earned rest, but the tougher few still continue with the number of races still available on the racing calender.

At the Eynsham 10km in not the best conditions Dennis Walmsley led the way for Bourton with a particularly strong run against some talented opposition. Dennis did well to finish under 35 minutes in 34 min 50 in 11th position and 3rd vet 40. Visiting from University Steph Lane continues on her come back with a steady 42 min 07. Brian Hulcup had a great run in 45 min 29. Ali Lane - back from injury - did well for a time of 47 min 14.

Liz Hulcup brought home yet another vet 55 1st prize in 48 min 30, but was pushed all the way by vastly improving Steph Holton, who produced ANOTHER PB only 2 seconds behind in 48 min 32. Stronger each week David Pyne was pleased with 51 min 12. Andy Peaston trotted round in 53 min 25. Shirley Creed on her comeback managed 54 min 38, with Gary Holton happy to break the hour in 59 min 38 and Jo Lewis stormed (*hardly Ewen, Ed*) in for 64 min 31. *Ewen Smith 29th November*

& from Chris Hartley...

At the Gloucestershire Schools Cross Country Champs at Plock Court our juniors did extremely well with Beth Wynn 3rd, Rosie Mutsaars 4th, Conor Shoemark 5th, Tom Pinkham 6th - all make it into the Gloucestershire team to take part in the Schools Inter Counties at Cardiff in January. Kieran Shoemark did extremely well for 14th as did Eva Shoemark for 20th.

SECRET SANTAS

Can you identify these Santas? Not all were at the Santa Run! In fact some of them sadly are not even members...



A



B



C



D



E



F



G



H



I



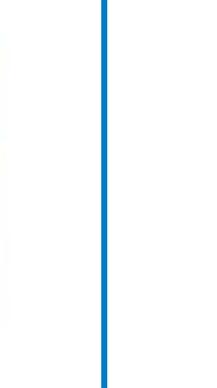
J



K



L



M

A Shirley Creed B Pauline Teague C Prince Charles D Neil Teague E Mo Farah F Lynn Spedding G Tony Spedding H Neil Teague I Claire Harrison J Susan Hunt K Paula Radcliffe L Dennis Walmsley M Mike Smith