| | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sept | Oct | Nov | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 13-Jan Park Run | 10-Feb BRR Relay | 17-Mar Pendock 10k | Club Sessions | 10-May Bourton Mile (also 14th & | 12-Jun Sizzler | 07-Jul BRR Run | Any Parkrun | Best 10K | 06-Oct Ciren slog | 03-Nov Guy Fawkes | Full Maratho | Half Marathon | TOTAL |
| **LADIES - OPEN** | | | | | | | | | | | | | | |
| Rebecca Townsend | (23:29)10 | (30:30)9 | (50:28)10 | | | | | | | | | | | 29 |
| Claire Cox | (25:03)8 | (29:42)10 | (55:32)9 | | | | | | | | | | | 27 |
| Clemmie Bright | (24:56)9 | (34:48)5 | | | | | | | | | | | | 14 |
| Gilly Howell | (27:57)6 | (34:39)6 | | | | | | | | | | | | 12 |
| Viv D'Alton | (28:53)4 | | (1:03:20)8 | | | | | | | | | | | 12 |
| Lorna Shawcross | (28:24)5 | (35:14)4 | | | | | | | | | | | | 9 |
| Lisa Braid | | (31:44)8 | | | | | | | | | | | | 8 |
| Louise Townsend | (31:33)1 | (39:44)1 | (1:10:50)6 | | | | | | | | | | | 8 |
| Gill Carrick | | (38:29)1 | (1:04:45)7 | | | | | | | | | | | 8 |
| Louise Hamilton-Smith | (29:08)2 | (37:10)2 | (1:11:38)4 | | | | | | | | | | | 8 |
| Steph Holton | (27:49)7 | | | | | | | | | | | | | 7 |
| Megan Ratcliffe | | (32:27)7 | | | | | | | | | | | | 7 |
| Liz Hulcup | (29:07)3 | (36:36)3 | | | | | | | | | | | | 6 |
| Noelle Morgan | | (38:19)1 | (1:11:12) 5 | | | | | | | | | | | 6 |
| Allie Quinn | (38:03)1 | (42:43)1 | (1:18:01)3 | | | | | | | | | | | 5 |
| Jenny Evanson | (36:05)1 | (46:25)1 | (1:22:11)1 | | | | | | | | | | | 3 |
| Samantha Mellor | (39:48)1 | | (1:18:02)2 | | | | | | | | | | | 3 |
| Alison Tighe | (34:22)1 | (43:26)1 | | | | | | | | | | | | 2 |
| Lynn Hudson | (35:50)1 | (47:26)1 | | | | | | | | | | | | 2 |
| Julie Smith | (39:12)1 | (47:26)1 | | | | | | | | | | | | 2 |
| Kate Price | (39:53)1 | (46:08)1 | | | | | | | | | | | | 2 |
| Cleo Carruthers | (39:18)1 | (56:58)1 | | | | | | | | | | | | 2 |
| Imogen Cox | | (41:49)1 | (1:19:04)1 | | | | | | | | | | | 2 |
| Janice Townsend | (32:23)1 | | | | | | | | | | | | | 1 |
| Gillian James | (33:41)1 | | | | | | | | | | | | | 1 |
| Sharon Rees | (35:04)1 | | | | | | | | | | | | | 1 |
| Jo Cooper | (35:49)1 | | | | | | | | | | | | | 1 |
| Nicky Patterson | (38:03)1 | | | | | | | | | | | | | 1 |
| Dawn Coley | (39:50)1 | | | | | | | | | | | | | 1 |
| Janet Balinski | | (39:35)1 | | | | | | | | | | | | 1 |
| Val McKay | | | (1:18:25)1 | | | | | | | | | | | 1 |

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| **MEN - OPEN** | | | | | | | | | | | | | | |
| Tim Carter | (21:27)9 | (27:03)9 | (42:46)10 | | | | | | | | | | | 28 |
| Derek Darby | (23:37)7 | (27:59)8 | (49:16)9 | | | | | | | | | | | 24 |
| Alex Pye | (20:24)10 | (26:20)10 | | | | | | | | | | | | 20 |
| Tim Hemming | (22:07)8 | (29:07)6 | | | | | | | | | | | | 14 |
| Ian Tolfts | (24:29)6 | | (56:13)8 | | | | | | | | | | | 14 |
| Graham Lane | (26:15)2 | (33:14)4 | (57:19)7 | | | | | | | | | | | 13 |
| Steven Howell | (24:49)5 | (32:25)5 | | | | | | | | | | | | 10 |
| Barry O'Leary | (26:21)1 | (34:04)2 | (58:59)6 | | | | | | | | | | | 9 |
| Kevin Goodwill | | (28:18)7 | | | | | | | | | | | | 7 |
| Chris Dry | (26:08)3 | (33:46)3 | | | | | | | | | | | | 6 |
| Iain Cox | | (35:32)1 | (59:46)5 | | | | | | | | | | | 6 |
| Lee Hutton | (25:10)4 | (35:32)1 | | | | | | | | | | | | 5 |
| John Gibson | (26:50)1 | (34:31)1 | (1:11:10)3 | | | | | | | | | | | 5 |
| Giles Canning | | (43:27)1 | (1:01:16)4 | | | | | | | | | | | 5 |
| Tom Hill | (26:21)1 | (34:50)1 | | | | | | | | | | | | 2 |
| Tom Knight | (32:02)1 | (38:52)1 | | | | | | | | | | | | 2 |
| Patrick Smith | (M)1 | (M)1 | | | | | | | | | | | | 2 |
| Dave Turnbull | (31:05)1 | | | | | | | | | | | | | 1 |
| John Harding | | (34:39)1 | | | | | | | | | | | | 1 |
| Matt Price | (39:45)1 | | | | | | | | | | | | | 1 |
| Alex Wilson | | (36:39)1 | | | | | | | | | | | | 1 |

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| **SENIOR LADIES** | | | | | | | | | | | | | | |
| Rebecca Townsend | 10 | 10 | 10 | | | | | | | | | | | 30 |
| Clemmie Bright | 9 | 9 | | | | | | | | | | | | 18 |
| **LADIES - LV35** | | | | | | | | | | | | | | |
| Kate Price | 10 | 10 | | | | | | | | | | | | 20 |
| **LADIES - LV40** | | | | | | | | | | | | | | |
| Louise Hamilton-S | 10 | 9 | 10 | | | | | | | | | | | 29 |
| Imogen Cox | | 8 | 9 | | | | | | | | | | | 17 |
| Lisa Braid | | 10 | | | | | | | | | | | | 10 |
| **LADIES - LV45** | | | | | | | | | | | | | | |
| Claire Cox | 10 | 10 | 10 | | | | | | | | | | | 30 |
| Samantha Mellor | 8 | | 9 | | | | | | | | | | | 17 |
| **LADIES - LV50** | | | | | | | | | | | | | | |
| Louise Townsend | 10 | 10 | 10 | | | | | | | | | | | 30 |
| Allie Quinn | 6 | 9 | 9 | | | | | | | | | | | 24 |
| Janice Townsend | 9 | | | | | | | | | | | | | 9 |
| Gillian James | 8 | | | | | | | | | | | | | 8 |
| Sharon Rees | 7 | | | | | | | | | | | | | 7 |
| **LADIES - LV55** | | | | | | | | | | | | | | |
| Jenny Evanson | 10 | 8 | 9 | | | | | | | | | | | 27 |
| Noelle Morgan | | 9 | 10 | | | | | | | | | | | 19 |
| Julie Smith | 8 | 7 | | | | | | | | | | | | 15 |
| Megan Ratcliffe | | 10 | | | | | | | | | | | | 10 |
| Nicky Patterson | 9 | | | | | | | | | | | | | 9 |
| **LADIES - LV60** | | | | | | | | | | | | | | |
| Gillian Howell | 9 | 10 | | | | | | | | | | | | 19 |
| Lorna Shawcross | 8 | 9 | | | | | | | | | | | | 17 |
| Gill Carrick | | 8 | 9 | | | | | | | | | | | 17 |
| Viv D'Alton | 7 | | 10 | | | | | | | | | | | 17 |
| Alison Tighe | 6 | 6 | | | | | | | | | | | | 12 |
| Steph Holton | 10 | | | | | | | | | | | | | 10 |
| Val McKay | | | 8 | | | | | | | | | | | 8 |
| Janet Balinski | | 7 | | | | | | | | | | | | 7 |
| Jo Cooper | 5 | | | | | | | | | | | | | 5 |
| Dawn Coley | 4 | | | | | | | | | | | | | 4 |
| **LADIES - LV65** | | | | | | | | | | | | | | |
| Lynn Hudson | 10 | 10 | | | | | | | | | | | | 20 |
| **LADIES - LV70** | | | | | | | | | | | | | | |
| Liz Hulcup | 10 | 10 | | | | | | | | | | | | 20 |
| Cleo Carruthers | 9 | 9 | | | | | | | | | | | | 18 |

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| **MEN - SM** | | | | | | | | | | | | | | |
| Tim Carter | 9 | 9 | 10 | | | | | | | | | | | 28 |
| Alex Pye | 10 | 10 | | | | | | | | | | | | 20 |
| Matt Price | 8 | | | | | | | | | | | | | 8 |
| Kevin Goodwill | | 8 | | | | | | | | | | | | 8 |
| **MEN - V45** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| **MEN - MV50** | | | | | | | | | | | | | | |
| Derek Darby | 9 | 10 | 10 | | | | | | | | | | | 29 |
| Barry O'Leary | 8 | 8 | 9 | | | | | | | | | | | 25 |
| Tim Hemming | 10 | 9 | | | | | | | | | | | | 19 |
| **MEN - MV55** | | | | | | | | | | | | | | |
| Ian Tolfts | 10 | | 10 | | | | | | | | | | | 20 |
| Alex Wilson | | 10 | | | | | | | | | | | | 10 |
| **MEN - MV60** | | | | | | | | | | | | | | |
| Steven Howell | 10 | 10 | | | | | | | | | | | | 20 |
| Chris Dry | 9 | 9 | | | | | | | | | | | | 18 |
| Iain Cox | | 7 | 10 | | | | | | | | | | | 17 |
| Tom Hill | 8 | 8 | | | | | | | | | | | | 16 |
| Giles Canning | | 6 | 9 | | | | | | | | | | | 15 |
| **MEN - MV65** | | | | | | | | | | | | | | |
| Graham Lane | 9 | 10 | 10 | | | | | | | | | | | 29 |
| Lee Hutton | 10 | 8 | | | | | | | | | | | | 18 |
| Tom Knight | 8 | 7 | | | | | | | | | | | | 15 |
| John Harding | | 9 | | | | | | | | | | | | 9 |
| **MEN -MV70** | | | | | | | | | | | | | | |
| John Gibson | 10 | 10 | 10 | | | | | | | | | | | 30 |
| Dave Turnbull | 9 | | | | | | | | | | | | | 9 |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **JUNIORS - BOYS** | | | | | | | | | | | | | | |
| Dougal Hamilton-Smith | (21:56)9 | (29:08)10 | (47:46)10 | | | | | | | | | | | 29 |
| Edward Hare | (19:58)10 | | | | | | | | | | | | | 10 |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **JUNIORS - GIRLS** | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |