

April 2013

THE FINISH LINE

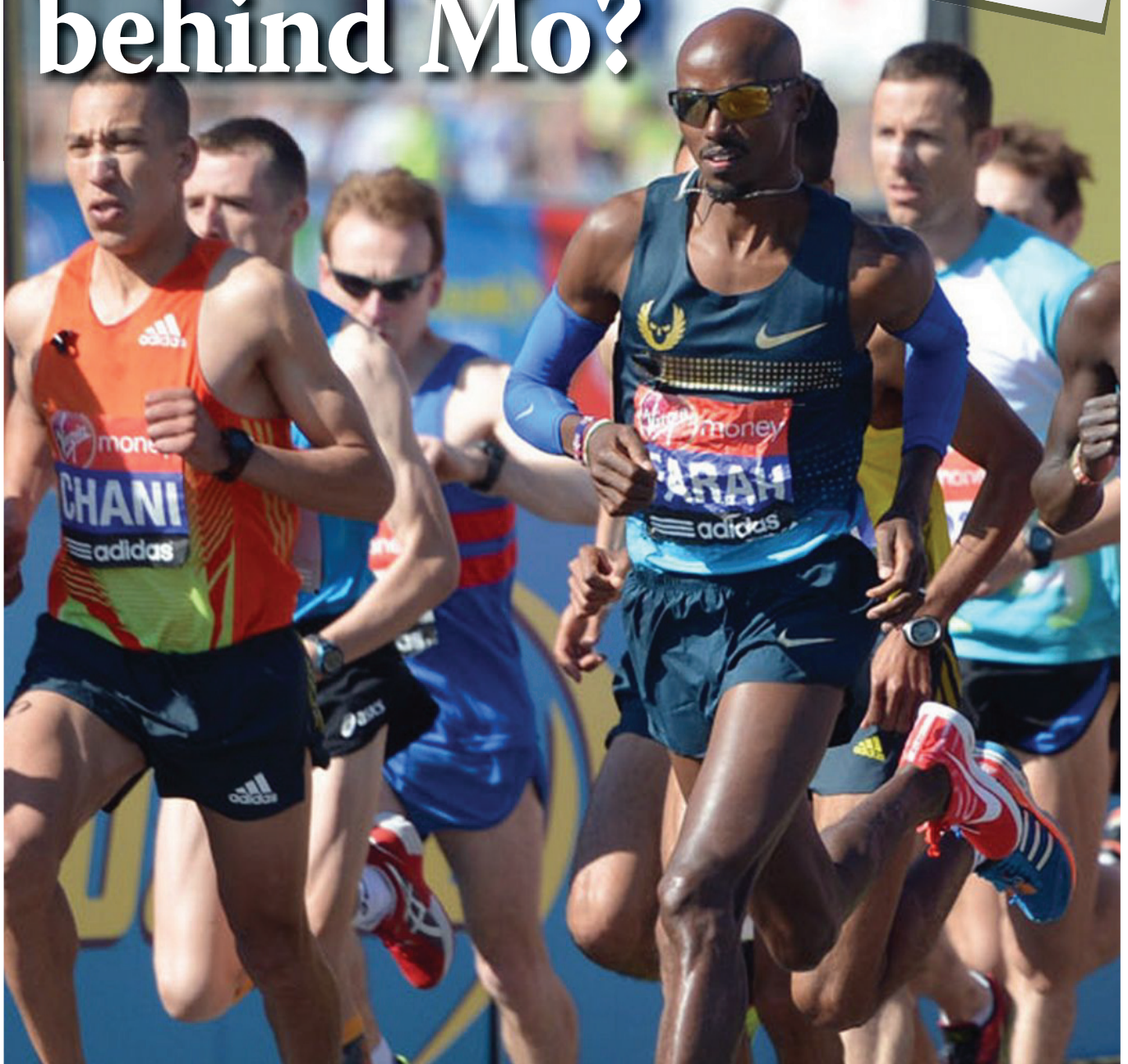


Bourton Roadrunners

IN THIS MONTH'S ISSUE
Well, mostly marathons
really...

Page 3: A race that wasn't a
marathon

Who's that behind Mo?



London | Lochaber | Brighton | Stratford | Manchester

Lochaber Marathon

A group of Bourton Roadrunners travelled north of the border to run 26.2 miles along the shores of Loch Linnhe. Report by Lynn Hudson.

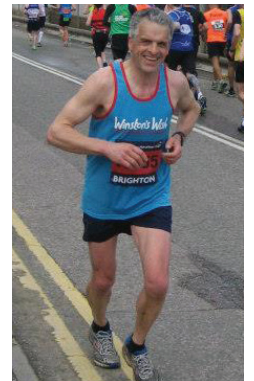
Over 350 runners assembled in light drizzle for the start of the 2013 Lochaber Marathon in Fort William. Keeping an even sub 9 min pace throughout the event Pete Scarrott was first Bourton Roadrunner home in 3 hrs 39mins 52 secs and 11th in his age category. Despite the atrocious conditions sweeping the course after the halfway turn he still managed to smile crossing the finish line (*although sadly we have no photographic evidence of this, Editor*). Second home was a relative newcomer to the marathon distance, Steph Holton, who ran to a 14 min personal best and 2nd lady vet 45 in 3 hrs 41mins 56 secs. Running her first marathon but sadly suffering cramp over the last 2 miles Liz Hulcup ran a commendable 4 hrs 5mins 21 secs to take 2nd lady vet 60. Shirl Creed, having missed her long distance training through injury, ran a steady pace around the course and arrived back in Fort William in 4 hrs 17mins. The final Bourton runner was Lynn Hudson who had contracted a nasty bug only 2 days before the event. She accompanied Shirl to the 5 mile mark before returning home.



Brighton Marathon

Andy Chapple travelled south to take part in the 4th Brighton Marathon and did extremely well to finish 79th in this enormous field to take 3rd MV50 place in a time of 03:01:32. He was running to raise money for the charity Winston's Wish.

Steve Edwards also ran, finishing in 3:14:03 (and, quite rightly, was awarded substantially more coverage in Channel 4's event programme than the winners were!).



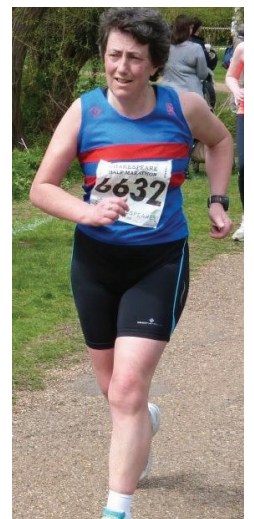
Greater Manchester Marathon

Ian and Niamh Shoemark ran the Greater Manchester Marathon together. Niamh, who was running to raise money for Diabetes UK, came home proudly with a new personal best of 3.29.48.

Stratford upon Avon Marathon & Half Marathon

(Editors report)

Chris Dry and Nigel Frith chose the full marathon distance at Stratford. Chris completed his first full marathon in 4:15:36, while stalwart Nigel Frith whizzed round in 3:39:52. In the half marathon, Andy Peaston (1:32:12), Graham Lane (1:46:12) and Ed Rozier (1:57:13) all finished well. Sue Whitehill was pleased with a time of 2:20:53 in her first half marathon for 20 years! If you were there you may also have spotted a couple of familiar faces from the Leisure centre...





London Marathon

Sunshine greeted a huge crowd who turned out to support this year's London marathon.

(Editor's report plus info from Susan Hunt)

The massive field of around 35,000 competitors included costumes such as beer bottles, fairies, even a man in a mankini, but among them were several in blue vests with red hoops. Our first runner home was an impressive Mike Smith, who as you can see from the front page started in the Elite section alongside Mo Farah and the powerful Kenyan and Ethiopian runners who dominated the race. Mike ran brilliantly to finish 51st overall, was 40th British competitor to finish and 3rd Vet 45 in 2 hours 32 minutes 55 seconds. (the fastest marathon time of any Gloucestershire runner this year)

Ian Macdougall was our next runner to finish, in 2:48:47 seconds. Tim Heming just broke the 3 hour mark with a time of 2:59:06, Steve Edwards clocked up another sub 3.15 with 3:13:55, Ewen Smith was running to raise funds for Motor Neurone Disease sufferers and ran well for 03:17:00 in spite of calf problems in training, Claire Harrison achieved an admirable 3:20:05, John Gibson - for once not dressed as Hamlet - managed 3:43:35 and David Hanson came home in 04:43:32.

Congratulations to the 3 Bourton runners who were running their debut marathons at London: Catherine Wheeler (3:56:00), Emma Pinkham (4:28:46) and Vicky Davidson (4:52:27).



Finally, just to remind you there ARE other distances

Chedworth 10 (Susan Hunt's report)

On a cold, still and sunny day, 6 Bourton Roadrunners undertook the demanding Chedworth 10 mile multi-terrain race. First in for Bourton was Mike Hobbs, with an outstanding 1:12:17 (3 minutes faster than when he last did the race 4 years ago). Next was Brian Hulcup in 1:23:28, Jan Short in 1:24:53 and Andy McCoombes (making a welcome return to racing after injury) in 1:24:56. Chris Dry finished in 1:27:38 and David Pyne in 1:32:02. Afterwards, a jubilant Mike Hobbs summed up the race: "stunning scenery, beautiful day and challenging course, what more could you ask for!"

Last minute news... 10K Cheque presented to the Fire Fighter's Charity



MEMBERSHIP FEES ARE NOW DUE.

PLEASE DOWNLOAD A FORM FROM THE WEBSITE AND SEND IT WITH YOUR MONEY TO LYNN HUDSON.

Don't forget to tell her which family members you're paying the additional £3 'racing' fee for.



Lochaber Marathon

A group of Bourton Roadrunners travelled north in April to run 26.2 miles along the shores of Loch Linnhe.

One of our most successful seasoned lady runners, Liz Hulcup (pictured), was out for her first full marathon experience, accompanied by fellow competitors Steph Holton, Pete Scarrott and Shirley Creed and supported by her husband Brian, Steve and Lynn Hudson and Steph's husband Gary.

In changeable weather conditions Pete was the first to finish in 3 hrs 39 mins 52 secs. Not far behind, Steph smashed her own personal best to finish 2nd lady Vet 45 in 3:41:56. Liz suffered from cramp but still came in 2nd lady Vet 60 in 4:05:2 and Shirley, who had missed vital parts of her training due to injury, was pleased to finish in 4:17.



London Marathon

In the aftermath of the awful events at the Boston Marathon just one week before, London competitors and supporters did Britain proud by turning out in force to run and to offer encouragement on sunny April 21st.

The massive field of around 35,000 competitors included costumes such as beer bottles, fairies, even a man in a mankini, but among them were several in blue vests with red hoops - Bourton Roadrunners. Our first runner home was an impressive Mike Smith (pictured below with Steve Edwards and Claire Harrison). Mike started in the Elite section along with Mo Farah and the powerful Kenyan and Ethiopian runners who dominated the race. He ran brilliantly to finish 51st overall, 40th British competitor and 3rd V45 in 2:32:55. Ian Macdougall was our next runner to finish in 2:48:47 and Darren Long clocked 2:58:15. Not far behind, Tim Heming just sneaked under the 3 hour mark with a time of 2:59:06, veteran marathoner Steve Edwards ticked off yet another sub 3.15 with 3:13:55, Ewen Smith, running to raise funds for Motor Neurone Disease sufferers, battled calf problems for a time of 03:17:00, Claire Harrison achieved an admirable 3:20:05 and John Gibson - for once not dressed as Hamlet - 3:43:35. Other Bourton members to complete the gruelling 26.2 miles were Catherine Wheeler (3:56:00), Emma Pinkham (4:28:46) David Hanson (4:43:32) and Vicky Davidson (4:52:27).

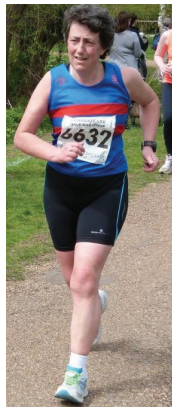


Brighton Marathon

The Brighton Marathon is the largest UK Marathon after London with almost 10,000 finishers. Andy Chapple travelled down to take part this year, and did extremely well to finish 79th and take 3rd MV50 place in 03:01:32. Andy was running for Winston's Wish. Steve Edwards also ran in a time of 3:14:03.

Stratford upon Avon

Chris Dry and Nigel Frith chose the full marathon distance at Stratford on April 28th. Chris finished what was his first marathon in 4:15:36 and Nigel whizzed round in 3:29:52. In the half marathon, Andy Peaston (1:32:12), Graham Lane (1:46:12) and Ed Rozier (1:57:13) all finished well. Sue Whitehill (pictured) was pleased with a time of 2:20:53 in her first half marathon for 20 years!



Manchester Marathon

On the same day, further north, Ian and Niamh Shoemark ran the Greater Manchester Marathon. Running together they finished in 3.29.48. For Niamh, running to raise money for Diabetes UK, it was a new PB.

If you'd like to join us we run at 7pm (2-3 miles) and at 7.30pm (6-8 miles) every Tuesday and Thursday evening - all abilities are welcome. Please contact Lynn Hudson on 01242 820920 for further details.

For Junior Info contact Richard Bufton on 01451 824379 or Chris Hartley on 01451 830015