

The Finish Line



Bourton Roadrunners

October 2010

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LUCY'S DOUBLE WIN!!

This is literally hot off the press, (well hot off Dennis's e-mail and Shir's phone call...) So apologies to anyone who took part and doesn't get a mention....

Lucy Walmsley ran an incredible double on Sunday 17th October, first she was the winning lady at the **Blenheim 10K** in a time of 39.58. She then shot off to **Moreton in Marsh** (for their 10 'ish' K!) and came home ahead of the entire field to win - so comfortably, that as you can see below she was able to slow down and cross the line with her support team!

First man and second overall in Moreton was **Rob Humphris**, 2nd lady was

Shirley Creed and 3rd lady **Gill Carrick**. So Bourton swept up all the top places... although we won't mention exactly how many runners, especially



ladies, actually took part!! Also running for Bourton was **David Marchant**, but sorry David I don't have your results.

Marathon P.B in 48th place for Darren.

Darren Long was delighted to record a personal best at the Nottingham Marathon, finishing 48th out of 1567 finishers in a time of 3 hours, 7 minutes and 28 seconds, getting ever nearer the sub 3 hour target.



2nd in Jersey for Mike

Mike Smith ran a superb marathon in Jersey, battling strong winds and rain throughout. Mike's main competition was from Jan Pitchi a young man who had previously given him a battle in the London Marathon, (which Mike won). At 4 miles Mike took the lead and set a pace which Pitchi found hard to match, opening up a 2.5 mile lead by 15. However, Pitchi found a second wind and made a tremendous push to close Mike down. In the last mile the gap had closed to 10 metres and with nothing left in the tank, Mike was unable to respond as Pitchi went to the front. 2nd place was still an amazing achievement and his time of 2.32.42 superb in atrocious conditions.

Cirencester Park 10K Ladies Team Win

Lucy Walmsley took first place in the ladies' race with a time of 39.23, leading the team to victory, with Beth Pudifoot in 3rd place and 1st Junior Lady in 41.21 and Liz Hulcup, 1st Lady Vet 55 with a personal best ever of 47.08. Mike Smith proved he was on form for his marathon challenge in Jersey, finishing 3rd overall and 1st MV40 in 33.58. Lewis Gray suffered with a stitch throughout the race, but still managed an excellent 10th position in 36.08. Darren Long and Ewen Smith were both delighted to record under 40 mins with times of 39.09 and 39.38 respectively. They narrowly missed out on a men's team prize.

James Outhwaite is relatively inexperienced in distance running, but finished superbly in 40.15, followed by seasoned veteran Andy Peaston in 40.31. Jan Short recorded a PB of 47.24 for 2nd LV50.

Norm Lane ran his fastest time since his knee operation for 3rd Vet 65 in 48.25. Shirley Creed also showed a return to race fitness after injury with 48.36. Other results for Bourton were: Rachel Griffin 49.12, John Gibson 49.13, Susan Hunt 51.23, Robin Macdonald 53.03, Lynn Hudson 53.39 and Gill Carrick 54.42.

Club Venue Referendum.

PLEASE BE SURE TO GET YOUR VOTING FORMS BACK TO KENDALL AND DAVIES IN BOURTON ON THE WATER BY MID-DAY ON OCTOBER 25th

AGM

Monday 25th October.
Victoria Hall, at 7pm.

PLEASE NOTE THE EARLIER THAN NORMAL START TIME

URGENT NOTICE

No changing at the School on October 19th and 21st due to School Productions.
Meet in the car park.

Chairman's Message

Following a request from both Mike and Robin the committee following discussions over the past two meetings would like to introduce a new trophy for Bourton Roadrunners – the Den Abbott's Overseas Trophy with the final name and type of trophy to be decided by the new committee. It was felt that a trophy is an appropriate way to remember Den as Den was a true BRR member in every sense of the word true who gave without reservation particularly when organizing and attending the club overseas trips.



The winner of the trophy after discussion will be based on the age related rules so that it is available to as many members as possible with the main criteria being that it is based on the individual's performance during the nominated race of an official club overseas trip. Should an official club overseas trip not take place during the year the criteria will be widened to include those results achieved while running an officially recognised overseas race as a BRR member again using the age related rules. **IMPORTANT** It is every BRR member's responsibility to advise and provide proof of his or her overseas race achievement to the relevant committee member when an official club overseas trip does not take place during the year. If you do not advise and provide proof you will not be included.

“Den Abbotts and Beaky were both true BRR members”

Beaky was also a true BRR member who presented an efforts trophy at the end of each year based on his own personal observations. I am sure that the presentation of the trophy will continue with the new committee formalizing the trophy's rules and criteria in due course.

Finally the winner of the September Bourton Roadrunner of the Month by a large margin is.....going to be announced at the AGM!

Onwards and upwards.

Yours
Rob Edwards

One club: your club which is our club

Plock Court X Country

At the Cross Country Championships at Plock Court, Gloucester, our teams all came home with medals. There was a record turn-out at the event and despite the heavy rain the previous day, only one patch of Plock Court was flooded. After years of almost swimming through some races, this was a welcome surprise.

Both the Under 13 Boys' team of Tom Pudifoot, Matt Heming, Peter Marchant and Daniel Bufton and the Under 13 Girls' team of Lottie Harley, Eva Shoemark, Emily Drybrugh and Isobel Hartley won Gold, as did the Under 20 Ladies team of Beth Pudifoot, Beth Wynn, Brittany Teague and Becky Summers – who also won the overall ladies race for the 3rd year.

Continuing the ladies' winning streak, Liz Hulcup, Sarah Harper, Ali Lane and Louise Pudifoot won Gold in the Vet 35s, and the Vet 45 Ladies – Jan Short, Lynn Hudson and Liz Hulcup, were also victorious.

The Under 20 Men's team of Lewis Gray, James Outhwaite, Cameron Williamson and Conor Shoemark won Gold, while the Vet 40 Men of Chris Hartley, Richard Bufton, Andy Chapple and Mike Pudifoot took a Bronze.

In the Men's Vet 50 category Chris Bence, John Gibson and Tony Goodwill won Silver, and the Vet 60 Men, Robin Macdonald, Mike Langrish and Norm Lane took Bronze.

Cricklade 10K and Half Marathon

Plenty of personal bests were set at Cricklade, with Conor Shoemark coming 3rd overall and first Junior Man in the 10K in an excellent time of 36.48. Going for the longer distance, Ian Shoemark and Andy Peaston ran together, with Andy recording a personal best of 1.31.01. Tony Goodwill did well,

after running a leg of the Cross Country Relays the day before, with a time of 1.36.11. Rob Humphris just managed to stay ahead of Pete Scarrott till the end with respective times of 1.40.24 and 1.40.31. Niamh Shoemark was delighted to set a new PB of 1.41.00 and Shirley Creed recorded 1.52.12.



AUGUST RUNNER OF THE MONTH

BETH PUDIFOOT AGAIN!:

For her continued superb performances!



News in Brief

Robin Hood Half

6 members of Bourton Roadrunners competed in the Robin Hood Half Marathon at Nottingham, achieving excellent times. **Ian Shoemark** was first in for the club in 1.34.05, followed by **Andy Peaston** 1.35.44, **Brittany Teague**, so close to sub 1.40 achieved 1.40.06, **Niamh Shoemark** 1.43.31, **Pauline Teague** 1.52.12 and **Eddie Rozier** 2.01.57.

Bupa Great North

John Gibson travelled alone Newcastle upon Tyne where he finished in a superb time of 1.37.51.

Witney 10M

Mike Smith took part in the Witney 10M Classic Road Race finishing in 3rd place and 1st Vet 40 in 56.46. It was a close fought race with all four top runners finishing in the 56 minutes bracket.

60 Mile Charity Cycle

Well done to **Pauline Teague** for cycling 60 miles in horrendous wind and rain on October 3rd.

Burnham Half

Roger Woodley beat **Ed Rozier** in Burnham on Sea, on October 3rd, finishing in 1:48:57 with Ed in 1:56:57.



New careers for some club members? Are Lewis, Steph, Nat, Conor & Ewen preparing for X Factor? As well as music, part of the act seems to be that Lewis can levitate.

View from the Back.

Well with the AGM next week, this will be my last newsletter, and I'm sorry it's a very short one. With controversy raging over the vote for the club location I'm almost sorry to step down as Editor - I can see some juicy debates in the offing... But it's time to move aside and pass over hopefully to someone who is more actively involved in the club and with more of a finger on the pulse. So that leaves me to just say thanks for reading, and thanks to all those who have contributed over the last year, especially Ranon who has made me laugh on so many occasions. Keep on running ... wherever that may be.

Jo Lewis - Editor

PS Whilst looking up Ed and Roger's Burnham results on line, I found myself a new club - "Coffin Dodgers RC" Anyone care to join me?

Who's Who?

Lack of space prevented this going in the last newsletter. Here's who's who in the line up.

A. Gary Holton, B. Justin Launchbury, C. Stretch, D. Gill Carrick, E. Rachel Griffin, F. Steve Edwards, G. Ed Rozier, H. Lewis Gray, I. Andy Chapple, J. Rob Edwards, K. Jan Short, L. Tony Goodwill, M. Shirley Creed, N. Brian Hulcup, O. Roger Woodley, P. Rob Humphris, Q. Steve Woodley, R. Lucy Walmsely, S. Dennis Walmsley, T. Pauline Teague, U. Andy Peaston, V. Mike Smith, W. Ewen Smith, X. Liz Hulcup, Y. Niamh Shoemark, Z. Lynn Hudson, a. Ali Lane, b. John Raper, c. Chris Lomax, d. Ian Showmark, e. Brittany Teague f. Finn Shoemark, g. Laura Heming, h. Norm Lane, i. Rachel Heming, j. Eva Shoemark.

