

The Finish Line



Bourton Roadrunners

December 2010

So, decision made, we move to the school.

The votes have been cast, counted under military guard, and the result announced. Decision made - Russia, no, sorry, got my issues muddled there for a moment, the school - wins. It will be interesting to see how things work out when the new school changing facilities become available to us, and to find out exactly how the financial side pans out over time. (Has anyone else noticed the fundamental flaw in the excellent calculations that included in 'the school's single charge does not change the bigger the BRR membership grows'? What might be the inverse situation I wonder?). There have already been a few teething issues - the much vaunted dedicated storage area just for us turned out to be a shared shed full of mowers, so we may have to become 'shed owners' and deal with any planning that's needed to get it erected on school property, and the showers in the Ladies have been found to be scaldingly hot, but the caretaker says it's best to run them for a while before getting in. Also there's the question of where to hold the Tinsel Run. However, we've made our bed, as they say, now let's move on and get back to running.

Lack of volunteers for committee finally resolved

Thanks to Gill, Pauline and the other club stalwarts we still have a committee, a chairman, and therefore a club. There were fewer people than ever willing to stand for the committee this year, and for most of the AGM Gill soldiered on alone, with no chair or vice chair coming forwards. Eventually, with Pauline Teague offering to relieve Gill of her secretarial role, Gill stepped in to take the chair for 2010-2011, and an excellent one she'll be too I'm sure. Full list of club officials on page 2.

Congratulations

to **Roisin & Gary** on the arrival of their new son George, born 1st December at 8:34, weighing-in at 8lbs 6ozs.

Congratulations

also to **Mike Smith** for becoming 2010 County Road Race Series Champion.

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The Tinsel Run

Meet at Bourton Rovers' Football Club December 21st, run at 7pm, photos by the tree in the river, presentations back at the Football Club at 8pm where you can buy drinks, shower and change. Fancy dress optional... prizes for the best. Lots of Tinsel and baubles please... (but don't forget your reflective jacket). Bring nibbles.

All Long Runs:

If appropriate, please finish by running up The Avenue so that those going out to meet the slower group know where to meet up.

Lewis nearly takes the biscuit

In the 4 mile cross country 'chocolate biscuit' race at Plock Court Lewis Gray ran superbly for 2nd place in the senior race, finishing some 30 seconds ahead of the 3rd place runner.

He had great team support from Tony Goodwill in 9th overall and 1st v50, and close behind Tony was Richard Bufton who snatched a well deserved 1st v45 prize.

Conor Shoemark looked great on the 1st lap in 4th position, but a stitch slowed him down and he pulled out of the race after several attempts to get going. Junior club members had a field day with Lottie Hartley 1st girl, Eva Shoemark 2nd and 1st under 11, Daniel Bufton was 4th and 2nd under 11 boy, Elle Dryborough 5th and Isobel Hartley 6th completed a fine afternoon's racing.

Junior Sponsor is revealed as...

SPAR



£500 has been offered in sponsorship for junior kit. Ewen will liaise with Richard as to what would be appropriate and most useful.

Chair's Message

I didn't expect to find myself in the position of doing this job, writing this letter (although I'm very grateful Jo's agreed to do the newsletter for it to go in!), or of writing the Chair's speech for the Christmas dinner. Thankfully, after a tricky start, it now feels that we have an enthusiastic committee of willing victims to help us through the next year. After the decisive vote in favour of the school, we hope we can sort out some of the teething problems, and settle back to focussing on our individual and Club running goals. If anyone has any suggestions/problems about the Club, please let me know, and, as the cliché goes, if you've got good things to say, spread the word!!



Dennis and Neil are doing a great job of taking the efforts sessions on a Tuesday at 7.30. It usually involves sprints of various times or distances within a 5-6 mile run. Everybody is welcome on these sessions - in many ways speed is less of an issue because the faster runners come back to the slower runners after each sprint. They are often more sociable, because you get a chance to speak to different people during the recovery bits, and on the run out and back in. It would be lovely to see more people at these sessions, and so the first Tuesday of each month is regularly going to be based in the Industrial estate so that it is well lit, a short run there to warm up, you do as many/few efforts as you like, and, if you like, you can leave whenever you choose and it's not far back to the School. The first session will be Tuesday 4th Jan, just in time for all those New Year Resolutions, although you are welcome to any session on any Tuesday.

“Dennis and Neil are doing a great job”

Tony Goodwill can't be Race Director for the Hilly Half next June; if anyone is prepared to consider it, I have his folder including the 'jobs list' which you are welcome to peruse, Lynn Hudson has offered to do the entries. I would be very grateful if anyone could do it, and Tony and I would be happy to help/consult.

I'm looking forward to all the awards at the Christmas dinner and tinsel run, and to finding out which whacky races we've all voted ourselves into next year. Take care of yourselves and each other, and have a great end to this year - then we can gird our loins (!) for yet more training and racing in 2011.

Yours
Gill Carrick

Schools X Country

There were some great performances by the younger Bourton Roadrunners at the district schools trials on Friday November 19th. Lewis Gray had a superb run finishing 2nd senior boy, with Conor Shoemark and James Outhwaite also impressing, finishing 4th and 10th. In the girls event Beth Pudifoot showed her class with a well deserved 3rd place.

They went on to put in some brave performances at the schools county cross country championships in Cheltenham on Saturday December 4th.

Lewis Gray came in 5th with a solid run after last weeks success. Conor Shoemark ran really strongly for 8th position. Cameron Williamson ran a great tactical race for 16th position.

In the girls race Beth Pudifoot ran a gutsy race to finish 4th. Well done to all.

Cheltenham X Country

In spite of limited attendance at the 2nd cross country race of the series in Cheltenham on November 20th, there was still some great racing on the day. Sarah Harper ran a strong race finishing 14th overall and 2nd vet 40. She was well supported by Jan Short 60th and Susan Hunt 85th.

In the mens race Dennis Walmsley, back after a long lay off for injury, led the men home in 29th. He was followed by a strong running Tim Heming in 41st. Next was Ewen Smith in 68th. In a hard fought tussle between Chris Hartley and Tony Goodwill, Chris just beat Tony, to finish in 91st and 92nd places.

The highlight of the the day was a strategic battle between Norm 'Usain Bolt' Lane and Richard Bufton. Norm tracked Richard all the way and out-sprinted his 20 year younger clubmate over the last 40 yards. Norm finished 171st to make up the team with Richard finishing 172nd. Dave Marchant finished off for Bourton in 186th place.



OCTOBER (NON) RUNNER OF THE MONTH
(sorry Rob) was:

Rob Edwards: For his amazing year as club chairman.



Committee Meeting Minutes in Brief

Free membership for those in full-time education

It was decided at the AGM to extend the free membership currently enjoyed by juniors, to include all those in full time education. (Some paperwork such as a copy of a Student ID card will be required).

Club Notice Board

Gill and Pauline are looking into getting a lockable board with a light, as at the moment there is still no permanent site for our board at the school.

Membership Fees

The committee apologise for this not being discussed, as it usually is, at the recent AGM. Fees will be reviewed in time for the next AGM, when we have a better idea of costs at the school.

Beaky's Tree

Funds have been collected to the value of £232.50 and a tree purchased for £180.00. The balance will be used for stakes, for planting or for a plaque.

Country Trophy

Lynn Hudson asked if the club would donate a trophy for a county award. Possibility of it being for a team prize to be looked into.

Eynsham 10K - Liz and Lewis smash PBs!

In below freezing conditions Bourton Roadrunners had some brilliant results at the Eynsham 10 km.

17 year old Lewis Gray ran the race of his life to take a massive 58 seconds off his pb in 34 min 57, 17th place and 2nd junior. Ewen Smith was next in, happy with 37 min 12 seconds. Lucy Walmsley led the ladies home with an impressive time of 39 min 23 also collecting the 3rd vet 35 prize. Mike Hobbs ran a respectable 39 min 31.

Sarah Harper was ecstatic with her best time in 12 years, running just over 40 minutes in 40 min 16. Beth Pudifoot was 1st junior lady in 41 min 25, followed by her dad Mike in a good time of 43 min 05.

An emotional Liz Hulcup ran a superb race to - like Lewis - smash her pb by 58 seconds and claim the v55 ladies prize.

Ali Lane ran a great race in 46 min 56 and is well on the way back. Shirley was next in 50min feeling the cold.

Steph Holton another to run a superb race and massive pb in 50 min 33. Lyn Hudson had a strong race for 52 min 07.

Chris Bence ran well for 52 min 54. Chris Lomax stormed through his first ever race, hoping to break the hour he actually ran an impressive 53 min 40. Gary Holton finished off for Bourton with 57 min 44, his best for some time.

BRR 6 from 10 Race Series 2011

Month	Race	Website
13-Mar	Gloucester 20	www.gloucesterac.co.uk
May	Westonbirt 10K	www.cirencester-ac.org.uk
July	Evesham 10K	www.eveshamvalerunningclub.org.uk
July	Aerospace 5M	www.athleticprowess.co.uk
Aug	Cleeve Cloud Cuckoo 5	www.athleticprowess.co.uk
Aug	Hooky 6	www.hooknortonharriers.org
Sept	Cirencester 10K	www.cirencester-ac.org.uk
Oct	Blenheim 10K	www.drzaza.com/rotaryblenheim10
Oct	Stroud Half	www.stroudathleticclub.co.uk
Nov	Guy Fawkes 5	www.tewkesburyac.co.uk
Reserves		
Apr	Highworth 5M	http://homepage.ntlworld.com/sammbolina
July	Kingham 10K	http://www.hrr.org.uk

Who's Who on Google?

Have you ever tried putting your name into Google Images, just to see if you appear? Well this is who you get if you put some of our club members' names in!



Ewen Smith
-aaaah!



Don't mess with Lewis Gray!



Sarah Harper
... Oh er!



Norm Lane
(actually you do also get Norm himself, but that's not nearly as funny)



Your Editor
(not sure which one...)



John Gibson
(nice hair John)



Our new (and very smartly turned out) Chair-lady Gill

THE CHAIRMAN'S CUP was presented to Steve Edwards for achieving his 500 marathon goal this year.

A Message from Steve

"I have to sincerely thank you again for nominating me for the chairman's cup. As last year with the Steve Humphries trophy I felt both proud and humbled to receive the award, especially knowing how much has been achieved by many others this year. And yes, as last year I was caught rather by surprise and therefore felt speechless, which in hindsight is a shame as I think it would have been appropriate to perhaps say a few words. If I could say this now though..."

I know some might think that my achievement is some how special or amazing but to me it was just about doing something that we all enjoy doing .. running. I don't find it particularly easy as some might think, in fact there have been times when I really wonder what I'm doing, especially as I've got older when I seem to have to work harder than ever to maintain that fitness. But then you could say that about a lot of things in life - if something's worth doing etc. One thing I do know is that I can't take all the credit. For one thing I have many people around me, especially in the club, to draw massive inspiration from, and that's not just the faster runners who win races. Its everybody that turns out on a Tuesday or Thursday evening in the freezing cold to go training or chooses to run round a muddy Xcountry course on a cold wet Saturday afternoon instead of putting their feet up in front of the fire. Then there's Teresa, my better half who's always been there for me and supports me race after race, year in, year out and this year went through the pain barrier herself to run her first marathon.

It's for these reasons that I would like to really dedicate the trophy to everyone's achievements this year, we have a great club and we should be proud of that. I know there have been a few delicate matters to resolve this year and this has led to one or two disagreements, but we shouldn't let that get in the way of why we have a running club. At the end of the day, it's pretty simple really, we just want to run, have somewhere to meet up and have good company when we run. Then when we turn out at races and pull on our distinctive royal blue vests with red hoops, everybody knows that Bourton's in town and we support one another as a team, which is the best bit. I truly hope that we move on from this year and that 2011 runs a lot smoother.

Steve Edwards

CLUB COMMITTEE

Chair: Gill Carrick

Vice Chair: Brian Hulcup

Secretary: Pauline Teague

Treasurer: John Gibson

Membership Secretary: Lynn Hudson

General committee members: Liz Hulcup, Brittany Teague, Jan Short, Ewen Smith, Steve Edwards.

Non-committee Posts (unless also listed on the left)

Entertainments Officer: Brittany Teague

Press Secretary: Ewen Smith

County Rep: Lynn Hudson

Youth Dev: Richard Bufton & Chris Hartley

Overseas Trip Co-ordinator: Richard Bufton

Competitions Organiser: Ewen Smith

Club Equipment Officer: Richard Bufton

President: Norm Lane

Please could you let Ewen know if you're going to run in a race, or send him your results, so he can include you in his press release.

(ewen@ewen3.wanadoo.co.uk).

Likewise, Jan would appreciate warning of any events you've run or intend to run and would like to count for the Age Related Trophy.

(jan@farfrontiers.co.uk)

A warm welcome to new members:
Paddy Ralph,
and
Bridget Salvage

View from the Back.

Well sorry everyone, unless one of you steps up to the mark you're going to have to put up with my inane waffle - for a while at least. Now that the controversial school versus Football Club issue is finally resolved, we'll have to wait and see what the next hot topic might be. If anyone would like to oblige, by, - Oh I don't know, having an affair, or a sex change, or perhaps starting a fight whilst lining up for a county race... or even just a club run...feel free to be creative. All I ask is you please keep me informed so I can liven this newsletter up a bit. And if you don't oblige by creating some news - well, I may just be forced to make it up!

I'm looking forward to the new 'short' efforts once a month. It will be nice to see people's faces for a change (as they run back to me), instead of their back view as they disappear into the distance.

Jo Lewis - Editor

CHRISTMAS DINNER AWARDS

THE BEAKY WHEELER CUPS for 'efforts at efforts' were awarded to Lucy Walmsley and John Gibson

'MOST IMPROVED' was Jan Short

THE AGE RELATED CUP went to Mike Smith

Richard Bufton takes over Ali's 2009/10 role as person 'saddled with the highest number of Club Responsibilities' Well done Richard!