





## **BRR JUNIOR CROSS COUNTRY LEAGUE RULES & INFO**

**MEDALS WILL BE AWARDED TO ALL MEMBERS WHO COMPETE IN AT LEAST THREE RACES IN THE GLOUCESTERSHIRE CROSS COUNTRY LEAGUE..**

**GOLD SILVER AND BRONZE MEDALS WILL BE AWARDED FOR FIRST, SECOND AND THIRD PLACE IN EACH AGE GROUP SHOWN.**

**WE INCLUDE AN U9 AGE GROUP IN THE CLUB CROSS COUNTRY COMPETITION. THERE IS NOT AN U9 AGE GROUP IN THE GLOUCESTERSHIRE CROSS COUNTRY LEAGUE. THE YOUNGEST AGE GROUP IS U11.**

**FINAL POSITIONS ARE DETERMINED BY CALCULATING EACH MEMBERS THREE LOWEST FINISHING POSITIONS**

**THE SHONA CROMBIE HICKS TROPHIES WILL BE AWARDED TO THE GIRL AND A BOY WITH THE LOWEST NUMBER OF POINTS OVER ALL FOUR RACES, NO MATTER WHAT POSITION THEY FINISHED OVERALL.**

**IF ANY JUNIOR STARTS A RACE BUT CANNOT FINISH DUE TO INJURY OR ILLNESS, THE LEADERS HAVE THE RIGHT TO AWARD THE MEMBER, LAST POSITION IN THE RACE, SO THEY DO NOT MISS OUT ON A MEDAL. THIS WILL BE ALLOWED ONCE DURING THE DURATION OF THIS COMPETITION.**