

Club Competition 2024

Best six count from the below

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| 13 January 2024 | Chipping Norton Parkrun |
| 10 February 2024 | BRR Relayⁱ (<i>in aid of North Cotswolds Foodbank</i>) |
| 17 March 2024 | Pendock Spring Chicken 10Kⁱⁱ (<i>proceeds to Pendock CE Primary School</i>) |
| April 2024 | Club sessionsⁱⁱⁱ |
| 10, 14 & 15 May 2024 | Bourton Mile^{iv} |
| 12 June 2024 | Cirencester Summer Sizzler |
| 7 July 2024 | The Condicote Handicap^v |
| August 2024 | Best Parkrun |
| September 2024 | Best 10K in an organised event^{vi} |
| 6 October 2024 | Cirencester 10 mile Slog (<i>proceeds to SARA Cotswolds and NFRSA</i>) |
| 3 November 2024 | Tewkesbury Guy Fawkes |
| Best Half Marathon^{vii} | |
| Best Marathon^{viii} | |

ⁱ Subject to being finalised (but we will be using this date whatever)

ⁱⁱ Only the 10K counts but some may enjoy the non-point scoring 5k

ⁱⁱⁱ 2 points a session up to maximum of 10.

^{iv} You can only run the official Bourton Mile if you put forward a non-club member marshal. There will be two further chances to set a time on Tuesday efforts and Wednesday morning.

^v Handicap set on your best 2024 5K. If none recorded, we will use 2023. Further details TBC

^{vi} I will be encouraging people to do Angels and /or Pride 10K but Pride 10k date will not be announced for a while, hence why I have left it quite flexible. Other organised races allowed.

^{vii} We will use Strava/Garmin elapsed times for non-official events.

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- Your age category is dependent on your age on 1/1/24 but you can elect to move up a category if you have category changing birthday in the first half of the year.
- You can ask me any questions – in person, on WhatsApp or on barry@gryklaw.com.