

| | Chipping Norton Parkrun 15th Jan | Pendock Spring Chicken 10k 27th Mar | Cheltenham King Geo. Parkrun 10th Apr | Witney Parkrun 7th - May | Ciren. Summer Sizzler 10k 15th Jun | Norm & Ali's 1 mile 1st Jul | Hooky 6m 7th Aug | Angels 10k 18th Sep | Run Upcote Trail 2nd Oct | Guy Fawkes 5m 6th Nov | Total 6 to qualify; best 6 to count; Q? |
|-----------------------|-------------------------------------|--|--|-----------------------------|---------------------------------------|--------------------------------|---------------------|------------------------|-----------------------------|--------------------------|--|
| Ladies' Open | | | | | | | | | | | |
| Lorna Shawcross | 7 | | 8 | 9 | | | 10 | 9 | 9 | | 52 Y |
| Gill Carrick | | 10 | 7 | | 9 | | 9 | 7 | 8 | 8 | 51 Y |
| Louise Hamilton-Smith | 1 | | | 4 | 7 | 9 | 8 | 6 | | 6 | 40 Y |
| Liz Hulcup | 8 | | | 8 | 6 | | | 8 | | 9 | 39 |
| Maxine Emes | | | | | | 10 | | 10 | | 10 | 30 |
| Margaret Hollamby | 9 | | 9 | 10 | | | | | | | 28 |
| Jaq Underwood | | | 10 | | 10 | | | | | | 20 |
| Gillian James | 2 | | 4 | | | | | 6 | | 5 | 17 |
| Chris Lynch | 3 | | 5 | | | | | 7 | | | 15 |
| Allie Quinn | | | | | 8 | | | | | 7 | 15 |
| Sharon Rees | 5 | 9 | | | | | | | | | 14 |
| Lynn Hudson | 1 | | 3 | 6 | | | | | | 3 | 13 |
| Claire Carroll | 6 | | 6 | | | | | | | | 12 |
| Jenny Evanson | 1 | | | | | | | 5 | 5 | 1 | 12 |
| Charlotte Parkins | | | | | | | | 10 | | | 10 |
| Niamh Shoemark | 10 | | | | | | | | | | 10 |
| Nicky Patterson | | | | 7 | | | | | | | 7 |
| Alison Tighe | 4 | | 2 | | | | | | | | 6 |
| Melanie Palmer | | | | 5 | | | | | | | 5 |
| Pam Rob | | | | | | | | | | 4 | 4 |
| Samantha Mellor | | | | | | | | | | 2 | 2 |
| Jeanette Brew | | | | | | | | | | 1 | 1 |
| Shirly Creed | | | | | | | | | | 1 | 1 |
| Coral Feenan-Hill | | | | | | | | | | 1 | 1 |
| Virginia Hammond | | | | | | | | | | 1 | 1 |
| LV40-44 | | | | | | | | | | | |
| Louise Hamilton-Smith | 10 | | | 10 | 10 | 9 | 10 | 9 | | 9 | 58 Y |
| Maxine Emes | | | | | | 10 | | 10 | | 10 | 30 |
| LV45-49 | | | | | | | | | | | |
| Samantha Mellor | | | | | | | | | | 10 | 10 |
| Virginia Hammond | | | | | | | | | | 9 | 9 |
| LV50-54 | | | | | | | | | | | |
| Gillian James | 8 | | 10 | | | | | 10 | | 9 | 37 |
| Sharon Rees | 9 | 10 | | | | | | | | | 19 |
| Allie Quinn | | | | | 10 | | | | | 10 | 20 |
| Niamh Shoemark | 10 | | | | | | | | | | 10 |
| Jeanette Brew | | | | | | | | | | 8 | 8 |
| LV55-59 | | | | | | | | | | | |
| Jenny Evanson | 8 | | | | | | | 10 | 10 | 10 | 38 |
| Jaq Underwood | | | 10 | | 10 | | | | | | 20 |
| Claire Carroll | 10 | | 9 | | | | | | | | 19 |
| Alison Tighe | 9 | | 8 | | | | | | | | 17 |
| Nicky Patterson | | | | 10 | | | | | | | 10 |
| Melanie Palmer | | | | 9 | | | | | | | 9 |
| LV60-64 | | | | | | | | | | | |
| Lorna Shawcross | 10 | | 10 | 10 | | | 10 | 10 | 10 | | 60 Y |
| Gill Carrick | | 10 | 9 | | 10 | | 9 | 9 | 9 | 10 | 57 Y |
| Chris Lynch | 9 | | 8 | | | | | | 8 | | 25 |
| LV65-69 | | | | | | | | | | | |
| Liz Hulcup | 9 | | | 9 | 10 | | | 10 | | 10 | 48 |
| Margaret Hollamby | 10 | | 10 | 10 | | | | | | | 30 |
| Lynn Hudson | 8 | | 9 | 8 | | | | | | 9 | 34 |